

ATLANTIC CITY BEACH PATROL

Procedure and Testing for Ocean Lifeguards

Up Date – April 18, 2011

2011 Lifeguard Test Information

Procedures and Requirements for ACBP Ocean Lifeguard Test

Monday 16, May 2011

Applications and release forms may be obtained at Beach Patrol Headquarters, South Carolina Avenue and the Boardwalk, Monday through Friday – 3:00 PM to 4:30 PM. Beginning Saturday May 28, 2011, applications and forms can be obtained and submitted seven days a week from 10:00 AM to 6:00 PM. Applications and forms can be downloaded from our web site at www.acbp.org at anytime.

Tuesday, 31 May 2011

Candidate training school begins with Beach Patrol instructors at Kentucky Avenue and the Beach. The school will be conducted seven days a week conditions permitting. Call instructors at 347-5305 for operating times. All candidates are required to attend the training program and are urged to attend regularly.

NOTE: ALL CANDIDATES MUST HAVE A COMPLETED APPLICATION, WAIVER OF LIABILITY AND COPY OF BIRTH CERTIFICATE WITH SEAL SUBMITTED TO BEACH PATROL HEADQUARTERS BEFORE REPORTING TO THE TRAINING PROGRAM.

Saturday, 18 June 2011

Test Day for all candidates. Roll call will be taken promptly at 9:00 AM. Candidates must be present at roll call to participate in the test.

The test consists of the following:

1. One-half mile ocean swim---run from the beach through the surf, swim out and around a flag buoy and back to the beach starting point. Points are earned by finish place.
2. 50 meter surf dash---Run from the beach start line into the break, go round a stake pole and return to the start/finish line.
3. 1000 meter ocean row---row lifeboat through the surf, around a flag buoy and back to the beach. Each candidate is rated on oarsmanship, control of the boat and course.
4. Candidates will be continually observed and evaluated during the training school and the testing process regarding the candidate's level of athletic skills, maturity and personal responsibility.

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Candidate Requirements for Lifeguard Test

1. You must file an application.
2. All candidates must be 16 years of age and under 35 years of age.
3. You must file a waiver of liability release form signed by you and if you are under 18 years of age, by your parent or guardian.
4. You must submit a copy of your birth certificate with a seal.
5. You must be physically fit and be able to swim, row, and run.
6. You must attend the candidate training school. The more hours you attend the better.
7. You must be willing and ready to train and learn from the instructors.

Requirements After Passing the Lifeguard Test

NOTE: ESTABLISHED LEGAL ATLANTIC CITY RESIDENTS WHO PASS THE TEST WILL FIRST FILL OPEN POSITIONS. FALSIFICATION OF ATLANTIC CITY RESIDENCY WILL RESULT IN TERMINATION FROM THE BEACH PATROL.

As a precondition for employment on the Atlantic City Beach Patrol a candidate must:

1. Satisfactorily pass a physical examination and drug screen to be provided by the City of Atlantic City.
2. Satisfactorily pass a background check by the Atlantic City Police Department.
3. Complete a one mile run in 7 and 1/2 minutes or less.
4. Complete a 500 meter ocean swim in 10 minutes or less.
5. Complete a 200 meter pool swim in 4 minutes or less.
6. Satisfactorily complete an 80 hour training program at the Atlantic City Beach Patrol Lifeguard Academy.
7. Working papers are required for those under 18 years of age.